

WELCOME TO THE

KIDSTRIUK BILLINGSHURST AQUATHLON



1st event in the KidstriUK Series 2021

Race Information

KidstriUK Billingshurst Aquathlon – 18th April (updated 22/02/2021)

RACE INSTRUCTIONS

This event is part of the 'KidstriUK' series of event during this year in the Sussex area.

VENUE

Weald School
Station Road
Billingshurst
W Sussex
RH14 9RY

EVENT TIMETABLE (DEPENDANT ON NUMBER OF ENTRIES)

ALL Competitors register before racing.

08.50 Registration opens for Youth / TS3/ TS2

10.00 View video Race briefing online via link for Youth / TS3/ Then call of first 10/12 persons to start

10.00 Registration opens for TS1, Nov 1 & 2, Tristart

10.15 Course closes for walking around.

Race Start for Youth

11.00 Race Briefing for TS1, Nov2 & 1, Tristart.

COVID-19 MEASURES IN PLACE

- Please ensure no mixing family groups, please stay within current government guidance
- Ensure Social Distancing at all times.
- Family set down picnicking areas at least 3m away from the course.
- Please follow arrival and registration timings.
- No access to leisure centre facilities for changing or viewing.
- Access to toilets inside the centre may include personal details given at Leisure Centre Reception on entering for 'Track & Trace' government system.
- Please ensure '[Health Declaration](#)' is completed within 48hrs before arrival at the event. This must include all persons taking part & spectating in the family group. (link active 48hrs prior to race)

BEFORE RACE DAY

Download to your device or print off your 'Race Ticket' and bring with you. (Instructions on the website)

This will speed up your passage through registration and will give you an arrival time at the venue, registration time and an approximate start time.

You will receive you Triathlon England Day Licence via email link on the Friday before the race . ***This is your receipt; you do not need to take any action.*** Your Day Licence has been included in the cost of the entry. If you are interested in joining Triathlon England then use this receipt to get a discounted rate.

Please ensure the cycle is safe and has working brakes, has air in the tyres and is safe to ride.

KidstriUK Billingshurst Aquathlon – 18th April (updated 22/02/2021)

ARRIVAL - PLEASE ENSURE SOCIAL DISTANCING AT ALL TIMES.

Parking is in the school and leisure centre bays. There is no charge, but you will have to show your time of parking, follow the event signs.

Locate registration with your competitor and the 'Race Ticket'

REGISTRATION

This will be next to the finish area and each competitor will receive a YELLOW RACE & SWIM BAG with:

- Race information sheet – Please read
- One race number to be worn on the FRONT of the running/cycling top or on your Tri race belt.
- Coloured wrist band WITH BIB NUMBER ON to wear during the event.
- PHOTOS labels to be worn by adults taking picture/video
NO BODY MARKING WITH BIB NUMBER.

WHAT TO DO NEXT

- Open your RACE PACK and read the instructions- *IF ANY DETAILS ARE INCORRECT YOU MUST INFORM ONE OF THE REGISTRATION TEAM (incorrect name/age/DOB/sex/race entered all important & must be correct, BEFORE the race starts)*
- Parents to wear PHOTOS labels if taking pics/video
- Then walk the run course.

CHANGING – COME RACE READY

- There are NO indoor changing facilities

RACE BRIEFING

- There will only be an online video race briefing a link will be emailed to you.
- There will be a short update when called to Start assembly area (10-12 at a time)

THE RACE



- All competitors will be escorted by Hedgehogtri Team member to poolside to lay out kit, in small groups.
- Parents are asked not to take the competitor there themselves.
- Kit to be laid out on poolside.
- This is where the training shoes will be placed, poolside together with the t-shirt and towel etc.

SWIM SECTION



Order of starting from 1015hrs: Youth 15-16yrs – ORANGE, Tristar 3 13-14yrs – WHITE, Tristars 2 11-12yrs- GREEN, Tristars 1 9-10yrs – BLUE, Novice 2 11-14yrs – YELLOW, Tristart (8yrs)- PURPLE, Novice 1 8-10yrs – RED.

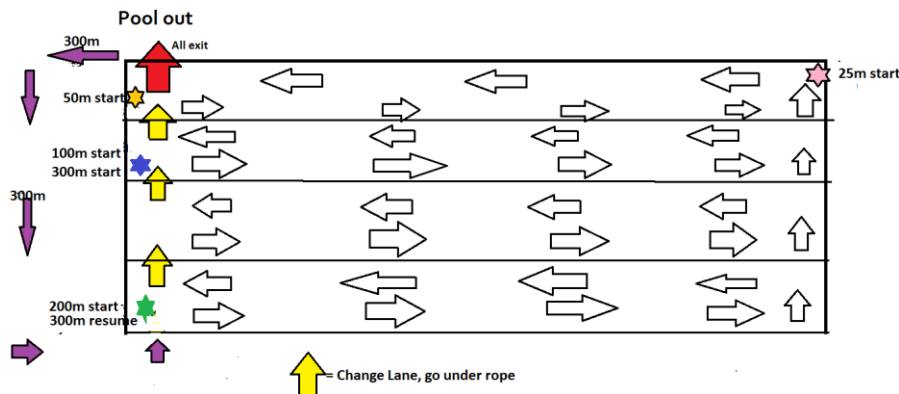
KidstriUK Billingshurst Aquathlon – 18th April (updated 22/02/2021)

AQUATHLON														
Age Group	Novice 1		Novice 2		Tristart		Tristar 1		Tristar 2		Tristar 3		Youth A	
	8-10vrs		11-14vrs		8vrs		9-10vrs		11-12vrs		13-14vrs		15-16vrs	
	KidstriUK Category		KidstriUK Category		Brit. Tri. category		Brit. Tri. category		Brit. Tri. category		Brit. Tri. category		Brit. Tri. category	
	laps	dist.	laps	dist.	laps	dist.	laps	dist.	laps	dist.	laps	dist.	laps	dist.
	1	(25m)	2	(50m)	2	(50m)	6	(150m)	10	(250m)	16	(400m)	16	(400m)
	1	(500m)	3	(1.5km)	1	(600m)	3	(1.5km)	4	(2km)	6	(3km)	8	(4km)
Coloured Wrist Band	Red		Yellow		Purple		Blue		Green		White		Orange	
	Medals only				Trophies 1st/ 2nd/ 3rd, male & female									
age qualify	Age category is age on 31st December of the event year													

- The children will be divided into groups of their colour start (Colour of wrist band) and will start in the water INDIVIDUALLY. 25/ 30 seconds apart.
- Novice races: 25m and 50m swims will be in the lanes. (boys one side, girls the other).
- The swim course will be a 'snake swim' for the Tristars 1,2, 3 and Youth.
- Video explaining how the swim will work is on the link: <http://1drv.ms/1i8mh5J>

Kidstri Snake Swim starting in 4 lane pool

Distances: Novice 25m, 50m, 100m. Tristar 100m, 200m, 300m
[300m – 100m> exit> walk to 200m entry point> enter (no diving)> swim 200m]



- Start shallow end (except Nov 1)
- Keeping right in the lane swim to the end.
- Swim back on the other side
- Reaching the end of the lane at the shallow end, go under the lane rope to the next lane.
- Swim on the right to the end
- Swim back on the other side of the lane.
- At the end of the lane at shallow end again go under the lane rope to the next lane AND SO ON until you have no more lanes left.
- Climb out.

During the swim:

- Front crawl or Breaststroke only
- No Diving
- Give way at the end of the length if feet are touched whilst swimming.

KidstriUK Billingshurst Aquathlon – 18th April (updated 22/02/2021)

- NO TUMBLETURNS (if by accident a child does TT then a warning will first be given)

TRANSITION

- Walk to kit.
- Put on shoes (ensuring laces are tied) and t-shirt fully on with the race number on the FRONT, or tri belt (to the front)
- Place all other kit into the YELLOW Swim Bag, carry it with you.
- Exit via the fire exit, follow the arrows & instructions from marshals.
- Take your Yellow Swim Bag drop it where directed by marshal.



RUN SECTION



- Each lap is 600m- that is an 'Out and Back'= 600m = 1 lap
- PLEASE ENSURE YOU KEEP LEFT AT ALL TIMES AND KEEP 2m DISTANCE FROM OTHERS
- Please don not run alongside other competitors and overtake in wide fashion.
- **Count and complete the correct number of laps.**

KidstriUK Billingshurst Aquathlon – 18th April (updated 22/02/2021)

- On completion of correct number of laps take route to the finish line.

FINISH

- The finish awaits the competitor please keep your distance from others.
- Collect your medal and a drink and please leave the area as soon as possible.

TIMING

- Manual timing taken at start of swim, End of swim and Finish.

WELFARE, SAFEGUARDING, TOILETS & CHANGING,

- The event Welfare Officer Jacqui Smith is based at registration and wearing the red hi-vis marked 'Welfare'. If you have any issues please speak to her or the Race Director (Paul) in the first instance. Contact her on 07999 667684 (during event only)
- Children changing – using public swimming changing area, not exclusive use.
- Parents taking pictures/video please wear the 'PHOTOS' numbered label.
- If you do not want any individual pictures of your child used for promotional purposes then please collect a GOLD coloured wrist band (NO PICS), from registration, to be worn by the competitor.
- Toilets will be outdoors next to the tennis court behind the leisure centre (follow signs) and also in the changing area a reminder that they are open to the public, we do not have exclusive use.
- The event is run in-line and within the Safeguarding guidelines/ policy set by British Triathlon.
- All spectators must stay in the taped area and not enter any part of the course, including poolside.
- If a child goes missing, please report to the Welfare Officer (in person or by Mob) ASAP.
- We ask all careers to celebrate all competitors' achievements in the event and not to be too over enthusiastic in supporting your own young person.
- Other information on Safeguarding is on the event poster at registration and around the venue.

CHARITY RAFFLE

- No Charity Raffle during this current time.

RESULTS

- We will be checking the number of run laps completed to ensure fairness.
- Winners of the Tristart, Tristar & Youth categories 1st, 2nd, 3rd, will be presented with winner's trophies.
- INTERIM RESULTS will be posted on the website <http://www.kidstri.co.uk/results.php> hopefully by 7pm
- Any comments regarding the results please email info@kidstri.uk
- Results will be declared final on THURSDAY at 7pm.

FIRST AID

- Supplied by WANT Medical Services and will be positioned in the [1st aid position] at the Finish area.

KidstriUK Billingshurst Aquathlon – 18th April (updated 22/02/2021)

PUBLIC ADDRESS

- Music and commentary through the event will start at 9.30am, please listen out for announcements that may affect the race, we will try and give you a name check around the course.

EVENT PHOTOGRAPHY (INCLUDING FROM THE AIR)

- The race Organiser or a member of the Team will be taking video/still pictures during the event.

These images will be used in the following ways:

- The organisation's printed publicity
- The organisation's online publicity (including Facebook and Twitter)
- Shared with group members for personal use only
- Shared with the following third-party organisations for use in their printed and online publicity (including Facebook and Twitter):
- Drone photography will also form a part of this but only flying under the following conditions:
 - i) Weather conditions permit flight
 - ii) A qualified operator and flight Team is available.
- That there is no objection from any parents/guardians that cannot be dealt with through the risk assessment process.
- All flying will not be over persons, landing & take offs will be in a marked area that must be kept clear at all times.
- All flying is carried out within the guidelines of the CAA.

COLLECTING EQUIPMENT AFTER RACE

- Please ensure the YELLOW SWIM BAG is collected and emptied of belongings as soon as possible after the race.
- WE ASK THAT YOU LEAVE THE EVENT AS SOON AS YOUR RACE IS COMPLETED.

VOLUNTEERS

The event is run with the help of volunteers to help direct children around the course. Parents helping out will be able to claim a free children's race event for later in the year. If you can assist please email info@kidstri.uk

QUESTIONS? Please email info@kidstri.uk or check out the novice information on the link below

<http://www.kidstri.co.uk/kidstri/noviceinfo.php>